



NEWS RELEASE

Telephone: (702) 229-6993

Billie M. Bastian, CPRP
Leisure Services Acting Director

Contact: Margaret Kurtz

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FOR IMMEDIATE RELEASE

City of Las Vegas August 2009 Adaptive Recreation Activities

All activities are subject to change. List is not all-inclusive. Call centers near you for complete list of classes and activities. Most activities require advance registration. The Summer 2009 Leisure Guide is available online at www.lasvegasparcsandrec.com.

Lorenzi Adaptive Recreation Center Summer Program (ages 7-21)

Monday through Friday, 7 a.m. to 6 p.m., through Aug. 7.

Fee: \$70 per week; \$65 per week for additional sibling

Lorenzi Adaptive Recreation Center, 3339 W. Washington Ave., (702) 229-6358 or 229-4905.

Participants will enjoy a new recreation experience every week, including community outings, sports, games, arts, crafts, movies, swimming, friends and all-around good fun.

Summer Fitness (ages 7+)

Youth of all abilities may participate in a variety of activities including racquetball, cardio boot camp and swimming. Call Bernard Preston at 229-4904 for more information.

Paralympic Sports Club of Las Vegas Open Recreation Night (ages 5-adult)

Wednesdays, 6 to 8 p.m., through Aug. 19.

Garside Middle School Gymnasium, 300 S. Torrey Pines Dr., (702) 229-4796.

This free sports program for children and adults with disabilities offers sports training and competitions. Focus sports include wheelchair basketball, tennis, hand cycling, tandem bike, golf, quad rugby, goalball, swimming and track and field. Educational sessions introduce new sports and exciting activities. All equipment needed to participate is provided, including the all-court sport wheelchairs. Appropriate for novices and elite athletes alike. (Formerly known as BlazeSports.)

Reservations are required. Call 229-4796 for more information.

Las Vegas Silver Bandits Wheelchair Basketball Team (ages 14+)

Tuesdays, 5:30 to 8:30 p.m., Aug. 4, 11, 18, 25.

Fee: \$5 per person for summer session

Fremont Middle School, 1100 E. St. Louis Ave., (702) 229-4903.

Sports wheelchair and proper attire required. Call Bob Murray at 229-4903 for information. This is a Paralympic Sports Club of Las Vegas activity.

Project D.I.R.T. Camping (ages 21+)

Saturday and Sunday, Aug. 15-16, 11 a.m. to 11 a.m.

Fee: \$50 per camper, includes transportation, meals and tents.

Mt. Charleston, (702) 229-4796.

Call 229-4796 for information and registration. Advance registration required. Bring sleeping bags and hiking clothes.

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Lorenzi Adaptive Recreation Center After-School Program (ages 7-21)

Monday through Friday, 1 a.m. to 6 p.m., Aug. 24-Dec. 18. Closed holidays.

Fee: \$27 (1-3 days); \$36 (4 days); \$45 (5 days)

Lorenzi Adaptive Recreation Center, 3339 W. Washington Ave., (702) 229-6358 or 229-4905.

Call for information regarding registration and daily programming.

Quad Rugby/Wheelchair Rugby Team Practice Sessions – Las Vegas Sin City Skulls (ages 18+)

Friday, Aug. 28, 5:45 to 7:45 p.m.

Fee: \$5 per person for summer session

Minker Sports Complex, 275 N. Mojave Road, (702) 229-6563.

The USQRA Division III National Champions Sin City Skulls quad rugby team is looking for athletes for this hard-hitting, action-packed competitive sport. Sports wheelchair and proper attire required.

Call Bob Murray at 229-4903 for information. This is a Paralympic Sports Club of Las Vegas activity.

New A.G.E. Program (age 22+)

An “after-work” recreation program for adults with developmental disabilities that offers varied activities and special events that promote individuality, self-esteem and independence. Call (702) 229-5177 for information.

F.L.O.A.T. (ages 3-adult)

Forming Leisure Opportunities using Aquatic Techniques is an adaptive aquatics program for people with and without disabilities. One-on-one swimming lessons are held at city of Las Vegas pools for ages 3 to adult, priced at \$100 for six 30-minute lessons. Call for dates and times (702) 229-1710.

Paralympic Sports Club of Las Vegas Wheelchair Sports

Participate in basketball, tennis, fitness, softball, football, quad rugby, and over-the-line. For information, call Bob Murray at (702) 229-4903 or Jonathan Foster at (702) 229-4796.

R.E.P. Recreation Enrichment Program (teens)

This structured leisure time skill-building program is designed to help teens with or without disabilities become more involved in social and community settings. Group activities include bowling parties, dinner and movie outings, trips to Adventuredome and volunteering in the community. Call (702) 229-6358 for information.

Heading On

Heading On is designed to provide individuals with a traumatic brain injury with leisure awareness, social interaction skills, leisure resources and leisure activity skills during and/or after clinical rehabilitation. Please call Cassie Jemison at (702) 229-6358 to be placed on the mailing list.

Leisure Connection (adults 22+ with developmental disabilities)

This social group for high-functioning adults with developmental disabilities provides recreational activities that promote socialization and independence in the community. Activities include bowling, movies, sports events, lunch/dinner outings and leisure education classes. Call (702) 229-5177 to be placed on the activity schedule mailing list.

Power Wheelchair Sports (ages 5-adult)

Power wheelchair users participate in a variety of sports and activities, including power soccer, power hockey, bocce and T-ball. No scooters permitted. For information, call Rebecca Allen at 229-1710 for information on fall session.

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Spark (ages 3-8)

Social Play and Respite for Kids is a free Saturday morning program for children ages 3-8 with special needs. It provides a fun, exciting and safe environment where children may engage in social play with peers while participating in on-site recreational activities such as arts and crafts, games and outdoor play. Call Rebecca Allen at 229-1710 for fall session information.

Outreach

For information on the following adaptive recreation opportunities and programs, please call (702) 229-4900.

Disability Awareness/Sensitivity Training – for your organization.

Informational and Educational Presentations – for your organization or agency.

Lifetime Sports – Archery and disc golf lessons and Junior Olympic Development Program.

Adaptive Recreation Resources Consultation – If you are in need of adaptive recreation resources for your or a family member, please call to schedule an appointment.

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